

Middle School Athletics

The purpose of Middle School Athletics is to promote sportsmanship and provide well-rounded student experiences. Middle Schools may offer the following athletic experiences:

FOOTBALL (Fall): 7th & 8th grade students may participate (there will be no cuts) & there will be a limit of 10 games per season

VOLLEYBALL (Fall): 6th, 7th, & 8th grade students may participate (there may be cuts), with a maximum of 15 players on the team, and a limit of 22 games per season

CROSS COUNTRY (Fall): 6th, 7th, & 8th grade students may participate (there will be no cuts), and the team will be implemented through the high school

GOLF (Fall): 6th, 7th, & 8th grade students may participate (there may be cuts)

WRESTLING (Winter): 6th, 7th, & 8th grade students may participate, and coaches will select wrestlers as needed by weight class

CHEER (Fall & Winter): 7th & 8th grade students may participate, there will separate Fall & Winter squads with a maximum of 10 members per squad, and tryouts will be held in the Spring of the year prior (there may be cuts)

BASKETBALL (Winter): 7th & 8th grade students may participate, there will be a maximum of 15 players per team (there may be cuts), and there will be a limit of 22 games per season (including tournament games)

TRACK (Spring): 6th, 7th, & 8th grade students may participate (there will be no cuts)

BASEBALL & SOFTBALL (Spring): 7th & 8th grade students may participate, there will be a maximum of 15 players on the team (there may be cuts), and there will be a limit of 22 games per season (including tournament games)

SOCCER (Spring): 7th & 8th grade students may participate, there will be a maximum of 20 players on the team (there may be cuts)

Eligibility

6TH GRADE: All 6th grade students are eligible at the beginning of the year. To participate in the second semester, students must have passed 5 of their 7 classes for the first semester.

7TH GRADE: To participate each semester, students must have passed 5 out of 7 classes for the previous semester.

8TH GRADE: To participate each semester, students must have passed 4 out of 6 classes for the previous semester.

Students must also maintain good standing in school (no attendance or discipline issues) to participate. A current VHSL Physical and Concussion Form is required to be turned in before tryouts and practices begin.